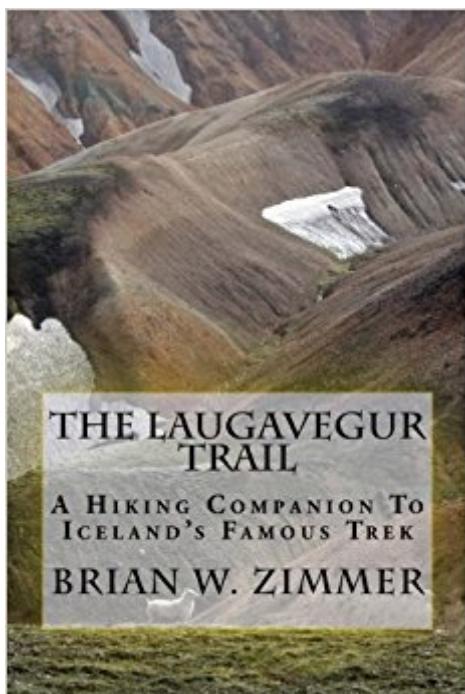


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# The Laugavegur Trail: A Hiking Companion To Iceland's Famous Trek



## Synopsis

Updated for the 2016 trekking season! We are now donating 10% of the proceeds from this book to Landvernd, an Icelandic NGO focused on protecting Iceland's tremendous natural beauty. Check out our facebook page (The Laugavegur Trail) for pictures and updated trail conditions. The Laugavegur Trail is a thorough, but lighthearted guide to Iceland's most famous and popular backpacking trek. The guide provides you with all the logistical information you will need to plan and execute your hike while also providing beautiful, annotated panoramas, basic maps, and anecdotal stories that provide great insight and regional context for the journey. The book is complimented well by the Serkort #4 (Landmannalaugar Fjallabak) 1:100,000 topographic map.

## Book Information

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## Customer Reviews

Brian Zimmer teaches geology at Appalachian State University in the United States. Each year, he takes students to Iceland to learn about geologic hazards and to hike the Laugavegur trail. Brian has backpacked extensively throughout Europe, Canada, Japan, Mexico, Tanzania, and all around his home in the Blue Ridge Mountains.

There isn't much written on the laugavegur trail, unlike some of the other hikes I've been on where there are endless amounts. So while this may be one of the more detailed descriptions of the trail you'll be able to find, there ultimately isn't a ton here. Maybe I should be judging it based on what else is written on Laugavegur, not what people have written about other hikes, but I just felt like I didn't get that much more information from this than I found online. It is still useful, so if you prefer to know as much as possible about a hike before venturing across the mountains, pick it up, but it's not

giving the kind of detailed information I found helpful for hikes like the Haute Route.

Loads of information jammed into this book; I would definitely recommend buying if you are embarking on this trek. I brought the book in my pack and reread sections on the rocks and mountains as I hiked through the area to appreciate the geology around me more. This book also saved me when I made it into Thorsmork and didn't know which route to take to get to my cabin.

Its written by an igneous geologist and it shows. Plenty of information on the igneous geology but not much more. I had hoped on more information of geomorphology and maybe the recent geological history. Nevertheless, a fine book.

An absolute must have for planning the Laugavegur Trail!!! Literally everything you need to know from where to get supplies, transportation, the trail itself including day hikes in a very easy to read format with photographs!!!

Very nice info book for those of us who want to know what to expect when they hike the Laugavegur. Besides the actual trail, the author also describes short off-trail hikes that one could do after they have completed the day's hike on the trail. The pictures were nice, but if you go early in the season, as I did, much of the first 3 days will be snow covered, so it will look different.

Our family just completed The Laugavegur Trail and found this an excellent guide for planning prior to the trip and as a source of fascinating information during the hike. Iceland's landscape is fascinating and Brian Zimmer's book really assist to help appreciate her wonders.

Great guide on the trail. Don't look for a lot of other info on Iceland or Reykjavik, because this book is really about the trail itself. It inspired me (in part) to book a trip to backpack it!

If you are thinking about hiking the Laugavegur Trail, this is the only book to buy. Forget about the usual travel guides. This is WAY better.

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